

THE LIGHTHOUSE KITCHEN

Starters

Kalamata olives, feta, warm flat bread, aged balsamic	£6.50
Roasted tomato & red pepper soup, toasted pesto crouton	£5.00
Potted rabbit & duck, cornichons, toast, carrot & star anise chutney	£7.50
Pan fried shell on tiger prawns, pan juices, chilli, lemon, garlic	£8.50
Pembrokeshire cider braised chorizo, onions, bread for dunking	£6.50
Smoked bacon, kale and dolcelatte gnocchi, gremolata crumbs	£8.00
Salt & pepper squid, lime, fresh chilli, coriander sauce	£7.50
Warm garlic, parsley & triple cheese half sourdough loaf	£5.00

Mains

Slow braised pork & beef ragu, tagliatelle, parmesan, gremolata crumbs	£14.00
Sweet potato, chick pea & spinach masala, raita, green rice, flat bread	£15.00
Crab gnocchi, fresh chilli, lemon, basil, tomato, parmesan	£16.50
Chestnut & oyster mushroom risotto, thyme, parmesan, gremolata	£15.00
Ale braised short rib of beef, parsnip puree, wholegrain mash, braising liquor, watercress	£18.50
Baked goats cheese, stem broccoli, romesco sauce, grilled polenta	£14.50
Charred mackerel, braised chorizo, Kalamata olives, rosemary sautés, tomato butter sauce	£17.00
Fillet of hake, cockle & laver bread cream sauce, crushed caper potatoes, seasonal greens	£17.50
Roast bone in chicken supreme, smoked bacon, baby onions, buttered mash, greens	£16.00

Please turn over for steaks, burgers & sides

Steaks & Burgers

6oz rump steak, steak tomatoes, onion rings, fries, lighthouse butter	£12.00
10oz ribeye steak, steak tomatoes, onion rings, fries, lighthouse butter	£18.50
-Peppercorn or port & blue cheese sauce	£3.50
Crisp fried 'Buffalo' chicken burger, brioche bun, blue cheese mayo, triple cheese, pickled cucumber, fries, shredded slaw	£11.00
6oz beef burger, brioche bun, fries, shredded slaw, burger sauce	£10.00
- Double up your beef	£2.50
- Add cheese or streaky bacon	£1.50 each
6oz Swiss Deluxe beef burger, Swiss cheese, sautéed mushrooms, aioli, brioche bun, fries, shredded slaw	£12.50
The Kitchen Sink, 12oz burger, brioche bun, triple cheese, streaky bacon, onion rings, burger sauce	£15.50

All beef burgers come with lettuce, onion, gherkins, shredded slaw and fries

Sides

Green salad, tomatoes, sweet pickled onion, citrus dressing	£4.00
Shredded slaw	£2.00
Port & blue cheese sauce	£3.50
Peppercorn sauce	£3.50
Garlic and thyme mushrooms	£3.00
Warm garlic, parsley & triple cheese half sourdough loaf	£4.50
Hand cut skin on fries as a side;	
- plain and simple	£2.00
- triple cheese	£3.00
- crispy bacon bits, triple cheese	£3.50
- parmesan, garlic, parsley	£3.50
- fresh basil pesto, parmesan	£3.50
- Jalapeno, triple cheese, sriracha mayo	£4.00

At the lighthouse we pride ourselves on using fresh seasonal ingredients which gives us the greatest flexibility with our menus. If there is anything that is included in one of our dishes that you can't eat please let us know. We use nuts, shellfish and various other recognised allergens in our kitchen but will do everything to accommodate any allergies.